

## PAINTING MEDITATION

Try art\* creation / consciousness exploration with Claire

Dissolve unconsciousness | Create beautiful art

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Create truly unique art by channeling unconditioned consciousness

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Learn how to see and create and accidentally dissolve unconsciousness OR rest in unconditioned consciousness and accidentally create art

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Learn and explore with Claire, who offers a space of Levity, Openness, Curiosity, Supportiveness, Love, and Insight

Email Claire ([claire@experiment100b.org](mailto:claire@experiment100b.org)) with questions or to set up a free 15-minute phone or video call to learn more!

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*\*No prior art-making experience is necessary. Essential skills are taught*